

MT-1: Essential Peripheral Seminar

"Treatment techniques and theories immediately applicable to clinical practice. One of better continuing education courses taken so far. Instructor Wing Chan was excellent."

-A. Pearson, MT-1 New York, NY, May 2023

"Efficient, excellent review of passive accessory movements. Course instructor [Wing Chan] was excellent; I would take another course if I knew he was leading it."

-E. Oldziej, MT-1 New York, NY, May 2023

"Our teacher [Wing Chan] was very knowledgeable. He was able to explain techniques/concepts well and very willing to help at all times. He had a good attitude and was very patient. I really appreciated that the majority of the class was spent going through hands-on techniques. My instructor gave constructive feedback to help me improve my technique. I think I will be able to take what I learn and apply it when treating my patients."

-R. Townsley, MT-1 New York, NY, May 2023

"I like the hands on part, contact, visibility i learn better when I'm in contact or actual performance and the presence of the instructor that is able to correct me. it is way better than online . I also like that I am able to know the difference of R1 R2 and the joint mobilization grading. Mr. Wing is very nice and on point, he gave us pointers or scenarios as well and always point out good body position to handle bigger pt small therapist as well as pointing out if one joint is limited or so."

-C. Ecal, MT-1 New York, NY, May 2023

"Dr. Wing was a great inspirational instructor. He has a "real life" approach to applying the principles of MT-1, and added helpful comments throughout. He was one of the best instructors I have encountered so far on the level of Bob Sprague I would have to say."

-E. Quinones, MT-1 New York, NY, May 2023

"I enjoyed the instructors approach and the methods used to teach mobilizations"

-J. Levy, MT-1 New York, NY, May 2023

"The instructor was very knowledgeable and taught the class in a fun and interactive manner that was conducive to learning and understanding."

-J. Drafts, MT-1 Kingsport, TN, May 2023

"The hands-on aspect of the seminar was great! Dr. Musick did a great job at clearly showing the techniques and describing the information in several ways to fully understand the subject."

-E. Walker, MT-1 Kingsport, TN, May 2023

"The course format was effective for learning and use in the clinic Monday morning. I liked the combination of demonstration and verbal discussion, immediately followed by lab time to perform each technique. Jody was knowledgeable, encouraging questions and discussions throughout the weekend. Everything taught was relevant to patient care and improved my manual therapy skills."

-E. Hamm, MT-1 Kingsport, TN, May 2023

"I really enjoyed having Jody as our instructor. I could sincerely tell that he had a true interest in the understanding and proper technique of all the learning objectives we reviewed and learned, from each class participate. He made everyone feel comfortable and confident during and after the course. Highly recommend that he teach more classes, he is a true educator and promoter of physical therapy and Maitland."

-Joanne Bilionis, MT-1 Kingsport, TN, May 2023

"This course really put assessing and treating patients in clinical perspective. It will allow the novice therapist to see things in more practical way and the experienced clinician to maybe question some of their previous practices and consider adopting new practices, all while using evidence based practice."

-Ashley Wilson, MT-1 Fort Lauderdale, FL, April 2023

"Our instructor Brian was AWESOME! very helpful and knowledgeable. I really felt like he helped explain everything well and guided me through techniques anytime I requested assistance."

-Hector Romero, MT-1 Fort Lauderdale, FL, April 2023

"The techniques are quick and effective to assess and treat. Learning a variety of new techniques that I have not done/seen before. I really enjoyed this class as it sharpens my current skills but exposes me to others that I may not have seen during my clinical experience."

-Ross Price, MT-1 Fort Lauderdale, FL, April 2023

"Loved working with Trish she was a great instructor! Structure was conducive to learning, great instructor, engaging, interesting topics."

-M Charles, MT-1 San Clemente, CA, April 2023

"The instructor [Trish] was fun and engaging. the information was presented in an orderly manner and there was adequate time to practice each technique."

-Cheryl Moore, MT-1 San Clemente, CA, April 2023

"The class was very informational, fun and enlightening regarding assessment/treatment technique. The instructor was very knowledgeable, personable and helpful when needed. The only difficulty is how MUCH information you're introduced to, but that's on us to practice. I'd take this course again and recommend it to others."

-L. Valverde, MT-1 San Clemente, CA, April 2023

"I thoroughly enjoyed the comprehensiveness of the course, Dr. Fong's unique and engaging ways of teaching, and the location was spacious for the course. Dr. Fong was a great instructor and hope to have her again as my instructor as I pursue more of the Maitland courses."

-K. Kong, MT-1 San Clemente, CA, April 2023

"How interesting and engaging the instructor [Trish] was. Mini break out sessions are really helpful and having 2 instructors was nice. Live patient clinical cases were very interesting and was a good way to see how clinician works and uses the material and skills."

-Marissa Chichester, MT-1 San Clemente, CA, April 2023

"Trish is a charismatic instructor. She takes the time to get to know each of us as students and each of the patients who came in for demonstration. She explained techniques and clinical reasoning very thoroughly, while simultaneously making it digestible and fun."

-A. Gerrish, MT-1 San Clemente, CA, April 2023

"I enjoy the way of thinking and general outline for course material. I appreciate the comparable sign and finding sign to determine best course of treatment. Good applicable course material for practice."

-Alexander Marthinsen, MT-1 San Clemente, CA, April 2023

"Carla Franck was extremely engaging! I have taken many CE courses and her teaching style is dynamic, inclusive and applicable. She made me excited to go out and try some of these techniques/treatment approach."

-R. Schramm, MT-1 Chicago, IL, April 2023

"All information is readily applicable and useful."

-R. Council, MT-1 Chicago, IL, April 2023

"1) I like that the online lecture allowed the majority of the other 2 days to be spent mostly on lab work. 2) I am neuro trained and really needed to improve on my mobilization skills. This course gave me a great base I needed to help my neuro patients - for assessment and treatment. I also love the patient centered approach. 3) The instructor Carla Franck is so approachable, very dynamic and not boring, and presented the course in a way we understand the concept and perform the needed skills."

-Nora Albay Harrigan, MT-1 Chicago, IL, April 2023

"I really enjoyed this class and all the techniques that were taught. I believe that this will change the way I approach manual therapy with patients and produce more positive results."

-M. Ivey, MT-1 Birmingham, AL, April 2023

"The interaction with the instructors and how they presented material and how they were helpful with correcting techniques with manual techniques. I was in a small class and that allowed for more help/interaction from instructors. The instructors were engaging and very easy to relate to and engage with, and as a LPTA I never felt intimidated. Chris and Daniel were great to help with hand placement and offer suggestions on improving body mechanics. This is one of the first courses I have left feeling like I have the skills to improve my patient's care, without feeling overwhelmed. They really prepare you for success with improving patient care."

-Lisa L Ingram, MT-1 Birmingham, AL, April 2023

"I really like the conceptual framework that the MAPS course is founded on. It is founded on not making assessments and treatments overly complicated but assessing the pain/stiffness and trying to improve the problem the patient is presenting with. I really liked how engaging Chris was and he was very knowledgeable in the material and was great in presentation. Look forward to taking another one."

-Nathaniel Scott Roddy, MT-1 Birmingham, AL, April 2023

"I liked how this course gave me several new techniques to try on patients that I did not know as well as giving me an alternate way of thinking about things. I felt like MAPS structure is very much how I think and work in clinical setting, especially with respect to understanding the whole patient i.e. psychosocial factors, pain, functional limitations, etc."

-S. Owenby, MT-1 Birmingham, AL, April 2023

"Loved everything. Chris taught me a great deal"

-Jacob Sims Justice, MT-1 Birmingham, AL, April 2023

"I am a visual and tactile learner. Having the ability to have hands on learning, helps me to understand the process/theory/concepts of Maitland manual techniques better than any article, power point or lecture."

-E. Douglass, MT-1 Birmingham, AL, April 2023

"I really enjoyed the teaching style and manor of the live course. It was very conducive to learning and the presenter was very good. Honestly, nothing, this course was very well developed and i feel I learned what I need to learn. Course was very well taught, laid out, and very productive for learning."

-R. Smeltzer, MT-1 Birmingham, AL, April 2023

"I love the simplicity of the Maitland approach. It feels like common sense treatment, and makes me wonder why I haven't been doing this all along."

J. Davis, MT-1 Birmingham, AL, April 2023

"The clinical reasoning aspect of treatment is excellent for a growing/newer therapist. I love the deep reasoning that goes behind evaluating where the pt is at and choosing an intervention to meet them where they are at."

-J. Bloodworth, MT-1 Birmingham, AL, April 2023

"Improved ways to treat my patients to get better and quicker results. Thank you for an excellent tool to help further my practice as a professional. I feel that I will get better and quicker results for my patients."

-J. Bunn, MT-1 Birmingham, AL, April 2023

"Loved the courses so far. It is changing how I think about and approach treatment in my clinic."

-B. Singletary, MT-1 Birmingham, AL, April 2023

"I enjoyed the patients treated in the clinic. It is beneficial to watch the evaluators process and apply techniques while they are still fresh. I do like the idea of adding a virtual patient along with in class patients."

-T. McGrady, MT-1 Birmingham, AL, April 2023

"Travis was a great instructor, very knowledgeable and kept us all engaged."

-Jessica Silver, MT-1 Washington, DC, April 2023

"Travis is a very dynamic teacher who is knowledgeable about the topic. He is very open to questions and answering, even going above and beyond what the question was."

-D. Tsay, MT-1 Washington, DC, April 2023

"The seminar was very well organized and straight to the point. I thought the material was very direct and did not expand in a confusing manner. The key principles applied are very well researched."

-A. Boucher, MT-1 Somerset, NJ, March 2023

"Awareness of pain science with Maitland techniques and the module going into depth on this topic. It is a concept that I feel needs to be prioritized more frequently in practice. Lab portion was also great and being able to ask Bob practical questions was very helpful."

-K. Metrokotsas, MT-1 Somerset, NJ, March 2023

"The instructor did a great job with demos in lab."

-Marissa Singh, MT-1 Somerset, NJ, March 2023

"This course really enhanced my manual skills, and my ability to accurately assess my patients."

-Leann Panconi, MT-1 Somerset, NJ, March 2023

"The variety in techniques taught and can be used later in the clinic."

-Jason Chester, MT-1 Somerset, NJ, March 2023

"I really enjoyed the content and delivery of content. I liked the size of the group and felt it was very conducive to learning. I will take another!"

-Stephanie Fulton, MT-1 Clemmons, February 2023

"I liked it so much I plan to take the next course MT 2"

-J. Messano, MT-1 Clemmons, NC, February 2023

"Great course! I plan on attending future MAPS courses and hope to earn my COMT!"

-Zachary Coleman, MT-1 Clemmons, NC, February 2023

"Hands-on learning/ability to watch a live demonstration and have time to practice new skills."

-Brittany Smart, MT-1 Clemmons, NC, February 2023

"I enjoyed that the course is now only two days and on the weekend and not a third day, so I did not have to take off work. It was nice to have the lecture portion online. It was nice to have the hands on portion during the Live course time since it did not leave me exhausted mentally like other courses where I am sitting in front of powerpoints all weekends. So I really enjoyed the constant interact and hands on portion of the course. I like when the instructor would also educate the class on various conditions that some techniques are helpful with treating which was very good to not and think about."

-Christopher Samuel Wilson, MT-1 Clemmons, NC, February 2023

"Instructor assessing patients in front of the class and then explaining his clinical reasoning and discussion the eval and plan of care. Our instructor, Cory, was excellent. Cory instructed the course at a pace that was just right for learning with sufficient breaks in the activities. It was extremely beneficial to watch Cory assess the patients and apply the concepts we learned in MT 1 and incorporated some from MT 2. I look forward to MT 3. Thanks Cory! "

-Devin Charles Sweeney, MT-1 Clemmons, NC, February 2023

"I liked the hands on approach. I like that there is an emphasis on modifying assessment and treatment based on patients, as well as interregional dependence."

-Bethany Hayes, MT-1 Clemmons, NC, February 2023

"I loved how we began with assessment and then incorporated the assessment immediately into tx. I also liked how it was structured with the instructor demonstrations and break out sessions throughout. This was very engaging. Dhinu was an OUTSTANDING instructor and I learned a ton. I will be taking the Maitland framework of assessment and tx into my practice. I thoroughly enjoyed every part of the seminar."

-Bryce Baughman, MT-1 Washington, DC, September 2022

"Dhinu did a great job with catering the class to the Therapists' needs and concerns. Good foundational course for introduction to Maitland concepts."

John Wilkinson, MT-1 Washington, DC, September 2022

"I really enjoyed the amount of time that was dedicated to the hands-on techniques. The format and organization of the course was appropriate and made sense."

-Angel Ramos, MT-1 Camarillo, CA, May 2022

"I enjoyed observing treatments with real patients. The instructor and lab assistant were extremely helpful with explaining material and providing constructive feedback."

-Priscilla Chi, MT-1 Camarillo, CA, May 2022

"The instructor was amazing and knowledgeable. She made it fun and obviously knew the topic and taught it well."

Tami Reynolds-Call, MT-1 Camarillo, CA, May 2022

"What I liked most about this course would have to be the hands-on aspect of the class. This component was informative, specifically with hand placement, on certain bony prominences and such, for proper motion engagement."

-Lupe Ortega, MT-1 Camarillo, CA, May 2022

"The instructor was engaging and gave real world examples of how to apply an alter treatments based on own experience and expertise and appropriate moments."

-Justin Rosinski, MT-1 Louisville, KY, May 2022

"The teacher made the course! Norm kept our attention and everything made sense; He was personable and approachable. This has been the best course I have taken to date in my 6 years of experience."

-Julie Ballinger, MT-1 Louisville, KY, May 2022

"Look forward to incorporating these theories and techniques into my clinic skills to help enhance patient quality of care"

-Josh Taylor, MT-1 Louisville, KY, May 2022

"MAPS opened my eyes on new ways of dealing with joint issues."

-Anthony Ling, MT-1 New York, NY, April 2022

"I enjoyed the in person lab where we were able to try our techniques along with the constructive criticism provided by the instructor was extremely helpful. I really enjoyed the teaching style and additional information provided by the instructor. Very good course, looking forward to taking more of them as the methodology is very aligned with my ethos of practice"

-Rachel Medow, MT-1 Atlanta, GA, April 2022