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Dr. O’Connell graduated with her Bachelors of Science in 2010 from Loyola University of Maryland in Biology-Psychology and went on to receive her Doctorate in Physical Therapy (DPT) from Stony Brook University in 2014. Since then, Leesie has worked in private practice with a focus on orthopedics, sports rehabilitation, and manual therapy. She became a Certified Orthopedic Manual Therapist (COMT) in 2018 and is currently pursuing a fellowship in Orthopedic Manual Therapy with Maitland Australian Physiotherapy Seminars (MAPS).

Dr. O’Connell is a member of the American Physical Therapy Association (APTA) and AAOMPT (American Academy of Orthopaedic Manual Physical Therapists).