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Alan graduated from the University of Tennessee, Knoxville with a BS in Exercise Science in 2007. He received his Doctorate in Physical Therapy from Tennessee State University in 2010. Alan now has 7 years of outpatient orthopedic physical therapy experience. During that time he received certifications in both McKenzie and Maitland approaches in manual physical therapy. He currently is a Fellow in Training in the MAPS program working out of Kingsport, Tennessee under the supervision of Jody Musick.